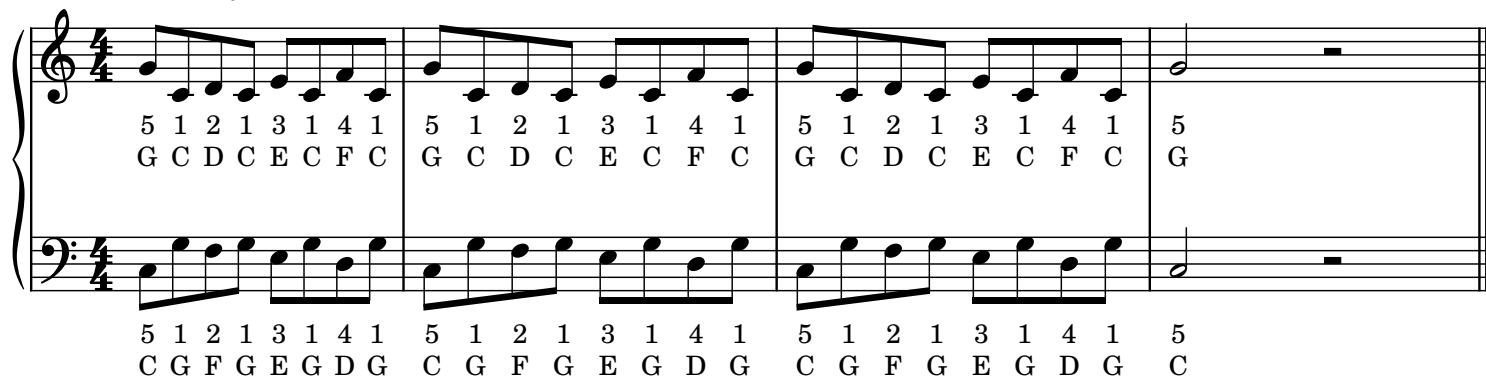


Piano: Agile-Hand Exercise 2b: Alt.Thumbs

Major Pentachords: WBW Group. (Includes note-names)

JimO

1. C Major Pentachord

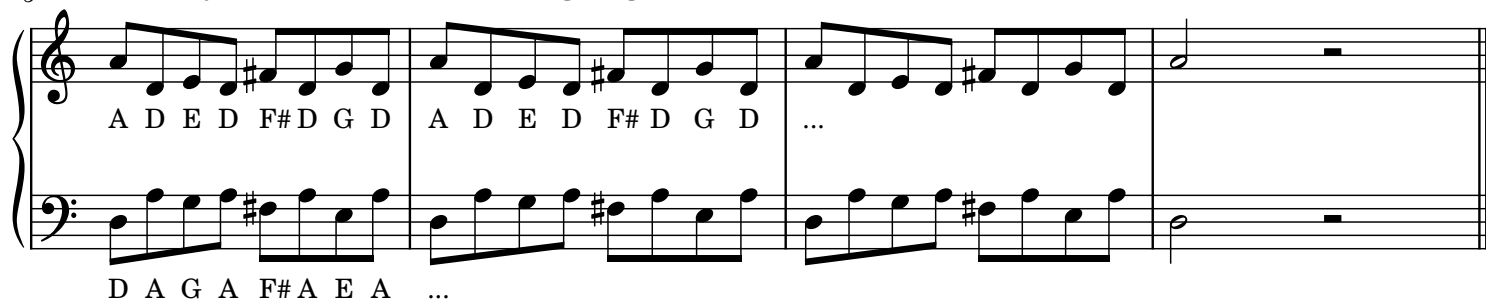


Musical notation for the C Major Pentachord exercise. It consists of two staves (treble and bass clef) in 4/4 time. The treble staff plays a sequence of eighth notes: C4, D4, E4, F4, G4, C5, D5, E5, F5, G5, C6, D6, E6, F6, G6. The bass staff plays a sequence of eighth notes: C3, G2, F2, G2, E2, D2, C2, G1, F1, G1, E1, D1, C1, G0, F0, G0, E0, D0, C0. Fingerings are indicated by numbers 1-5 above or below notes. Note names are written below the notes.

5 1 2 1 3 1 4 1 5 1 2 1 3 1 4 1 5 1 2 1 3 1 4 1 5
G C D C E C F C G C D C E C F C G C D C E C F C G

5 1 2 1 3 1 4 1 5 1 2 1 3 1 4 1 5 1 2 1 3 1 4 1 5
C G F G E G D G C G F G E G D G C G F G E G D G C

5 2. D Major Pentachord. Use same fingering

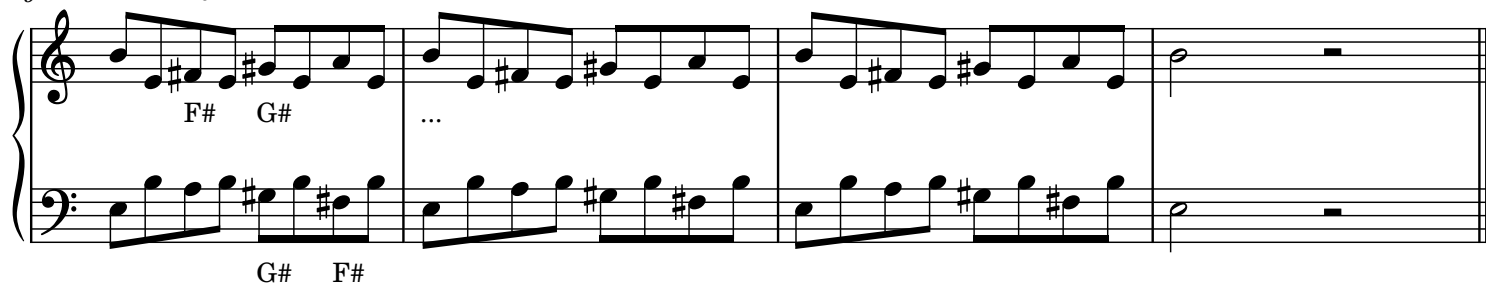


Musical notation for the D Major Pentachord exercise. It consists of two staves (treble and bass clef) in 4/4 time. The treble staff plays a sequence of eighth notes: D4, E4, F#4, G4, A4, D5, E5, F#5, G5, A5, D6, E6, F#6, G6, A6. The bass staff plays a sequence of eighth notes: D3, A2, G2, A2, F#2, E2, D2, A1, G1, A1, F#1, E1, D1, A0, G0, A0, F#0, E0, D0. Note names are written below the notes.

A D E D F# D G D A D E D F# D G D ...

D A G A F# A E A ...

9 3. E Major Pentachord (Add F# and G#)

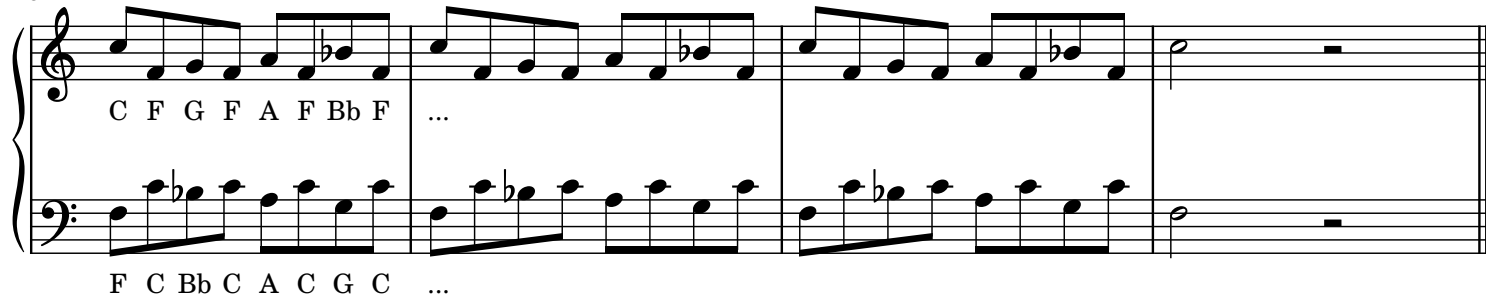


Musical notation for the E Major Pentachord exercise. It consists of two staves (treble and bass clef) in 4/4 time. The treble staff plays a sequence of eighth notes: E4, F#4, G#4, A4, B4, E5, F#5, G#5, A5, B5, E6, F#6, G#6, A6, B6. The bass staff plays a sequence of eighth notes: E3, B2, A2, B2, G#2, F#2, E2, B1, A1, B1, G#1, F#1, E1, B0, A0, B0, G#0, F#0, E0. Note names are written below the notes.

F# G# ...

G# F#

13 4. F Major Pentachord



Musical notation for the F Major Pentachord exercise. It consists of two staves (treble and bass clef) in 4/4 time. The treble staff plays a sequence of eighth notes: F4, G4, A4, Bb4, C5, F5, G5, A5, Bb5, C6, F6, G6, A6, Bb6, C7. The bass staff plays a sequence of eighth notes: F3, C3, Bb2, C3, A2, C3, G2, C3, F2, C3, Bb1, C3, A1, C3, G1, C3, F1, C3, Bb0, C3, A0, C3, G0, C3. Note names are written below the notes.

C F G F A F Bb F ...

F C Bb C A C G C ...

17 5. G Major Pentachord

21 6. A Major Pentachord

25 7. C Major Pentachord. Same as #1. raised one octave.

**This is a "Hand-Building Exercise.
 Play in time at your own metronome setting.
 Take the full measure rest at the end of each line.
 If you feel cramping in your hand--Stop playing!
 Rest a moment. Lightly shake your hands at your sides.**

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