



[FashionistaDesigner 4 years ago](#)

Scales,..are life. You should play them in your sleep AND on a real instrument,..NOT A toy!!! Scales will save you from your own performance mistakes, because they program into your instinct, quick decision, and quick mistake recovery. That is what they are all about, plus building skill, evening the strength and stretch, speed, accuracy, recovery, proper intonation, and proper instinct. There is a giant difference in people who drill on scales, compared to those who do not. You can see it in the way that they approach and recover. The difference is amazing, even if you can hear nothing, you can still see their training in their hands. It shows immediately. And by the way,..scaling will teach you to compose,..in your sleep. It will open up the world to you in composition and orchestration techniques, because of the way it reprograms your brain waves and chemical trailing in your brain. There is a hand- to vision- to brain connection through scaling, that is not available elsewhere, and this instinct in playing is not matched elsewhere.