

# Scales and Modes: Exercise 1

(Seven-tone Major Scale and Seven "Modes".

Use Standard Fingering unless indicated)

JimO

1. C Major

Dorian-Scale of 2. Minor

Phrygian-Scale of 3. Minor

6

Lydian-Scale of 4. Major

Mixolydian-Scale of 5. Major

11

Aeolian-Scale of 6. Minor

Locrian-Scale of 7. Diminished

16

2. G Major

Dorian-Scale of 2. Minor

21

Phrygian-Scale of 3. Minor

Lydian-Scale of 4. Major

1 2 3 4 1 2 3 4     3 2 1 4 3 2 1 3

26

Mixolydian-Scale of 5.  
Major

Aeolian-Scale of 6.  
Minor

Locrian-Scale of 7.  
Diminished

31

3. F Major--Fill in the blanks!!!

36

\_\_\_\_\_ ?

41

\_\_\_\_\_ ?

46

\_\_\_\_\_ ?

51 4. D Major

Dorian-Scale of 2.  
Minor

Phrygian-Scale of 3.  
Minor

56

Lydian-Scale of 4.  
Major

Mixolydian-Scale of 5.  
Major

61

Aeolian-Scale of 6.  
Minor

Locrian-Scale of 7.  
Diminished

5. Practise these exercises until you are comfortable with them, then work them out for the remaining keys. Start with scales that begin on white keys and move on to the more difficult scales of Bb, Eb, Ab, Db and Gb.

66