

The Strong Hand 1: Finger Basics

(Fingers 1-2-3-4, Contrary and Parallel motion)

JImO

1. 2-Finger "Climbing" pattern. **Parallel Motion.** Up and down.

1 2 1 2 | 2 3 2 3 | 3 4 3 4 | 4 5 4 5

5 4 5 4 | 4 3 4 3 | 3 2 3 2 | 2 1 2 1

5

5 4 5 4 | 4 3 4 3 | 3 2 3 2 | 2 1 2 1

1 2 1 2 | 2 3 2 3 | 3 4 3 4 | 4 5 4 5

9

2. 2-Fingers 1 and 2. "Climbing/Falling" pattern. **Contrary Motion.**

1 2 1 2 | 2 3 2 3 | 3 4 3 4 | 4 5 4 5

5 4 5 4 | 4 3 4 3 | 3 2 3 2 | 2 1 2 1

(NOTE: Same fingering in each hand.)

13

5 4 5 4 | 4 3 4 3 | 3 2 3 2 | 2 1 2 1

1 2 1 2 | 2 3 2 3 | 3 4 3 4 | 4 5 4 5

17

3. Fingers 1-2-3 Climbing in **Parallel Motion.** Practice hands separate first...

1 2 3 1 2 3 | 1 2 3 1 2 3 | 1 2 3 1 2 3 | 1 2 3 2

3 2 1 3 2 1 | 3 2 1 3 2 1 | 3 2 1 3 2 1 | 3 2 1 2

21 4. Fingers 1 2 3 in **Falling Parallel** motion. Again, begin with Hands separate.

3 2 1 3 2 1 3 2 1 3 2 1 3 2 1 3 2 1 2

1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 2

25 5. Fingers 1-2-3 Climbing and Falling in **Contrary Motion**. Play hands separate.

1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 2

1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 2

29 6. 3-Finger patterns using the whole "grip". **Parallel Motion** from C. Hands together.

1 2 3 1 2 3 4 2 3 4 5 3 2

5 4 3 5 4 3 2 4 3 2 1 3 4

33

1 2 3 1 2 3 4 2 5 4 3 2 1

5 4 3 5 4 3 2 4 1 2 3 4 5

37 7. Parallel Motion from G.

5 4 3 5 4 3 2 4 3 2 1 3 2

1 2 3 1 2 3 4 2 3 3 5 4 3 2

41

Musical notation for exercise 41, measures 41-44. The exercise is in 4/4 time and consists of four measures. The right hand plays a descending eighth-note scale: G4, F4, E4, D4, C4, B3, A3, G3. The left hand plays an ascending eighth-note scale: G3, A3, B3, C4, D4, E4, F4, G4. The piece concludes with a whole note G3 in both hands.

5	4	3	5	4	3	2	4	3	2	1	2	1
1	2	3	1	2	3	4	2	3	4	5	4	5

45

8. Contrary-Motion: Same fingering in both hands.

Musical notation for exercise 45, measures 45-48. The exercise is in 4/4 time and consists of four measures. The right hand plays a descending eighth-note scale: G4, F4, E4, D4, C4, B3, A3, G3. The left hand plays an ascending eighth-note scale: G3, A3, B3, C4, D4, E4, F4, G4. The piece concludes with a whole note G3 in both hands.

1	2	3	1	2	3	4	2	3	4	5	3	2
1	2	3	1	2	3	4	2	3	4	5	3	2

49

Musical notation for exercise 49, measures 49-52. The exercise is in 4/4 time and consists of four measures. The right hand plays a descending eighth-note scale: G4, F4, E4, D4, C4, B3, A3, G3. The left hand plays an ascending eighth-note scale: G3, A3, B3, C4, D4, E4, F4, G4. The piece concludes with a whole note G3 in both hands.

1	2	3	1	2	3	4	2	5	4	3	2	1
1	2	3	1	2	3	4	2	5	4	3	2	1